

Training Schedule 2025/26

TEAM	Coach	Team	Team	Tech	Coach
07/08 MLS	Omar Tahirovic	Tuesday 7:45PM Field 17AC	Thursday 7:45PM Field 17AC	Wednesday 7PM Field 16AC	Nick Fogarty, Adam DeMent, Omar Tahirovic
07/08 NAL	Doug Black	Monday 5:30PM Field 17AC	Wednesday 5:30PM Field 17BD	Thursday 5:30PM Field 17BD	Doug Black
07/08 RED	Adam Mineo	Monday 7PM Field 14B	Tuesday 7PM Field 11	Wednesday 7PM Field 14B	Adam Mineo
07/08 DPL	Kylie Harris	Monday 7PM Field 16A	Tuesday 7PM Field 16AC	Wednesday 5:30PM Field 16	Kylie Harris, Edson, Abreu, Gio Abreu, Vanessa Ortiz
2009 MLS	Nick Fogarty	Tuesday 7PM Field 15BD	Thursday 7PM Field 15BD	Wednesday 7PM Field AC	Nick Fogarty, Adam DeMent, Omar Tahirovic
2009 NAL	Doug Black	Monday 7PM. Field 17AC	Tuesday 7PM. Field 17AC	Thursday 5:30PM. Field 17BD	Doug Black
2009 RED	Patrick Baird	Monday 5:30PM Field 17D	Wednesday 5:30PM Field 15C	Thursday 5:30PM Field 14B	Patrick Baird, Dennis Shields
2009 WHITE	Dennis Shields	Monday 5:30PM. Field 17B	Wednesday 5:30PM Field 15A	Thursday 5:30PM. Field 14B	Patrick Baird, Dennis Shields
09/10 DPL	Vanessa Ortiz	Monday 7PM. Field 16C	Thursday 7PM. Field 16AC	Wednesday 5:30PM Field 16	Dennis Shields
09/10/11 SOL RED	Autumn Woodard	Tuesday 7PM. Field 14C	Thursday 7PM. Field 14A	Monday 7PM. Field 15C	Autumn Woodard
2010 MLS	Adam DeMent	Tuesday 7PM. Field 15AC	Thursday 7PM. Field 15AC	Wednesday 7PM. Field 16BD	Nick Fogarty, Adam DeMent, Omar Tahirovic
2010 NAL	Doug Black	Tuesday 5:30PM. Field 17D	Wednesday 7PM. Field 17BD	Thursday 7PM Field 17BD	Doug Black
2010 RED	Dennis Shields	Monday 7PM. Field 17B	Wednesday 7PM. Field 15A	Thursday 7PM. Field 14B	Patrick Baird, Dennis Shields
2011 MLS	Nick Fogarty	Tuesday 7PM. Field 15 BD	Thursday 7PM. Field 15BD	Wednesday 7PM. Field 16BD	Nick Fogarty, Adam DeMent, Omar Tahirovic
2011 NAL	David Vargas	Monday 7PM. Field 15BD	Wednesday 7PM. Field 15B	Thursday 7PM. Field 17BD	Doug Black
2011 RED	Eddie Rodriguez	Tuesday 7PM. Field 17B	Thursday 7PM. Field 14D	Monday 7PM. Field 9/10	Eddie Rodriguez, James Brunelle
2011 DPL	Gio Abreu	Tuesday 7PM. Field 16D	Thursday 7PM. Field 16D	Wednesday 5:30PM Field 16	Kylie Harris, Edson, Abreu, Gio Abreu, Vanessa Ortiz
2012 MLS	Adam DeMent	Tuesday 5:30PM. Field 15AC	Thursday 5:30PM. Field 15AC	Wednesday 7PM Field 17AC	Nick Fogarty, Adam DeMent, Omar Tahirovic
2012 NAL	Jacob Cline	Monday 7PM. Field 15A	Wednesday 7PM. Field 15C	Thursday 7PM. Field 11	Jacob Cline
2012/13 RED	Robbie Fuggett	Tuesday 5:30PM. Field 17B1	Thursday 5:30PM. Field 14D	Wednesday 5:30PM Field 17C	Robbie Fuggett
2012 DPL	Edson Abreu	Monday 7PM Field 16BD	Tuesday 7PM Field 16B Thursday 7PM. Field 16B	Wednesday 5:30PM Field 15D	Dave Meadors
2012 SOL RED	Gary Valero	Monday 5:30PM. Field 15A	Thursday 5:30PM. Field 16C	Wednesday 5:30PM Field 17A	Gary Valero
2013 MLS	Omar Tahirovic	Tuesday 6:15PM Field 17AC	Thursday 6:15PM. Field 17AC	Wednesday 7PM. Field 17AC	Nick Fogarty, Adam DeMent, Omar Tahirovic

TEAM	Coach	Team	Team	Tech	Coach
2013 NAL	David Vargas	Monday 5:30PM. Field 15BD	Wednesday 5:30PM Field 15B	Thursday 7PM. Field 11	Jacob Cline
2013 DPL	Edson Abreu	Monday 5:30PM. Field 16BD	Tuesday 5:30PM Field 16B Thursday 5:30PM. Field 16B	Wednesday 5:30PM Field 15D	Dave Meadors
2014 MLS	Dante DeSantis	Tuesday 7PM. Field 14A	Thursday 7PM Field 14C	Monday 7PM Field 14A	Dante DeSantis
2014 NAL	Eddie Rodriguez	Monday 7PM. Field 17D	Wednesday 7PM. Field 14C	Thursday 5:30PM Field 14A2	Adam Bell
2014 RED	Jayson Lauzurique	Tuesday 7PM. Field 14D	Wednesday 7PM. Field 9	Monday 7PM. Field 14D	Jayson Lauzurique, Levi Levius
2014 WHITE	Jared McGregor	Tuesday 5:30PM. Field 14B2	Friday 5:30PM. Field 14C	Monday 7PM. Field 14D	Jayson Lauzurique, Levi Levius
2014 PRE DPL	Gio Abreu	Tuesday 5:30PM. Field 16D	Thursday 5:30PM. Field 16D	Wednesday 5:30PM Field 16	Kylie Harris, Edson, Abreu, Gio Abreu, Vanessa Ortiz
2014/15 SOL RED	Autumn Woodard	Tuesday 5:30PM. Field 14C	Thursday 5:30PM. Field 14A1	Monday 5:30PM. Field 15C	Autumn Woodard
2015 MLS	James Bayles	Tuesday 5:30PM. Field 11B	Thursday 5:30PM Field 9B	Monday 5:30PM. Field 14C	Elias Martin, Levi Levius
2015 NAL	Elias Martin	Tuesday 5:30PM. Field 14A2	Wednesday 5:30PM Field 14A	Monday 5:30PM Field 14C	Elias Martin, Levi Levius
2015 RED	Brandon Echeverry	Tuesday 7PM. Field 14B	Thursday 7PM. Field 9A	Wednesday 7PM. Field 11	Brandon Echeverry, Logan Dailey
2015 PRE DPL	Vanessa Ortiz	Monday 5:30PM. Field 16C	Thursday 5:30PM Field 16A	Wednesday 5:30PM Field 16	Kylie Harris, Edson, Abreu, Gio Abreu, Vanessa Ortiz
2016 MLS	Dante DeSantis	Tuesday 5:30PM. Field 14A1	Thursday 5:30PM. Field 14C	Monday 5:30PM Field 14A	Dante DeSantis, Brandon Echeverry
2016 NAL	Brandon Echeverry	Tuesday 5:30PM. Field 14B1	Thursday 5:30PM. Field 9A	Wednesday 7PM. Field 10	Troy Henderson
2016 RED	Elias Martin	Tuesday 7PM. Field 10A	Monday 7PM. Field 14C	Wednesday 7PM. Field 11	Brandon Echeverry, Elias Martin
2016 PRE DPL	Kylie Harris	Monday 5:30PM. Field 16A	Tuesday 5:30PM Field 16A1	Wednesday 5:30PM Field 16	Kylie Harris, Edson, Abreu, Gio Abreu, Vanessa Ortiz
2016 SOL RED	Brett Rountree	Monday 5:30PM Field 14D2	Tuesday 5:30PM. Field 14D2	Wednesday 5:30PM Field 14D	Brett Rountree
2017 MLS	James Bayles/ Matt Hollyoak	Wednesday 5:30PM Field 14C	Thursday 5:30PM Field 11A	Monday 5:30PM Field 14A	Dante DeSantis, Brandon Echeverry
2017 NAL	Troy Henderson	Tuesday 5:30PM. Field 16A2	Thursday 5:30PM Field 10	Wednesday 7PM. Field 10	Troy Henderson
2017 RED	Tara Petrucci	Tuesday 7PM. Field 10B	Thursday 7PM. Field 10B	Monday 7PM Field 11	Tara Petrucci, Van Quang, Brandon Echeverry
2017 WHITE	Van Quang	Tuesday 7PM Field 9	Thursday 5:30PM. Field 10B	Monday 7PM Field 11	Tara Petrucci, Van Quang, Brandon Echeverry
2017 SOL RED	Jayson Lauzurique	Monday 5:30PM. Field 14D1	Tuesday 5:30PM. Field 14D1	Wednesday 5:30PM Field 14B	Jayson Lauzurique, Rylee Rassler
2018 MLS	Matt Hollyoak	Tuesday 5:30PM. Field 11A	Thursday 5:30PM Field 11B	Wednesday 5:30PM Field 14C2	Matt Hollyoak
2018 Pre DPL	Dave Meadors	Tuesday 5:30PM. Academy Fields	Thursday 5:30PM. Academy Field 1	Wednesday 5:30PM Field 6	Vanessa Abreu

Goalkeeping Schedule

2007/08 MLS 07/08 NAL 2007/08 DPL 2009 MLS 2009 NAL 2009 DPL 2010 MLS 2010 NAL	Monday (6PM) Adam Mineo - GK Field	Tuesday (7PM) Peyton French - GK Field
2007/08 RED 2009 RED 2009 WHITE 2009 SOL RED 2010 RED 2011 RED 2011 WHITE	Tuesday (6PM) Adam Mineo - GK Field	Thursday (6PM) Adam Mineo - GK Field
2011 MLS 2011 NAL 2011 DPL 2012 MLS 2012 NAL 2012 DPL	Monday (7PM) Peyton French- GK Field	Wednesday (7PM) Gio Abreu - Field 16
2012/13 RED 2012 SOL RED 2013 MLS 2013 NAL 2013 DPL	Tuesday (5PM) Adam Mineo - GK Field	Monday (6PM) Peyton French - GK Field
2014 Pre MLS 2014 Pre NAL 2014 Pre DPL 2015 Pre MLS 2015 Pre NAL 2015 Pre DPL	Tuesday (5PM) Peyton French - GK Field	Thursday (5PM) Adam Mineo - GK Field
2014 RED 2014 WHITE 2014/15 SOL RED 2015 RED	Tuesday (6PM) Peyton French - GK Field	Wednesday (6PM) Adam Mineo - GK Field
2016/ 2017 All	Monday (5PM) Adam Mineo/ Peyton French - Gk Field	Wednesday (5PM) Adam Mineo - GK Field
Youth Academy	Monday (5PM) Peyton French - Field 10	